**Measles**

Measles is more than just a rash. Make sure you and your child are up to date with your [MMR vaccination](https://www.nhs.uk/conditions/vaccinations/mmr-vaccine/) to have the best protection. This isn’t just for children, everyone should check they’ve been vaccinated, especially if you’re aged 35 or under. Most people can easily check their vaccination records through the [online patient record](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.nhs.uk%2Fnhs-services%2Fgps%2Fview-your-gp-health-record%2F&data=05%7C02%7Cthomas.evans%40tameside.gov.uk%7Cbab1508ee6284fc687ef08dc1b49eb50%7C83726a5b1f264242967e81d4c4b8a13b%7C0%7C0%7C638415251508327162%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000%7C%7C%7C&sdata=OSITbsPkCcdXyyCBtNBINQxM%2FY8ULKpqKgXrXSm7Voo%3D&reserved=0) in the NHS app or in their child’s Red Book. One in five children with measles will attend hospital, while nine in ten unvaccinated children will catch measles if a classmate has it.

The increase in measles cases nationally raises the risk of exposure to the virus and outbreaks.  Vaccination is the best way to protect yourself and others from the infection and the vaccine is safe and very effective, with 99% of people who’ve had two doses of MMR being protected.

Contact your GP surgery if you need to book a vaccination for yourself or your child.